

Providing You with Convenient and Comprehensive Medical Care

Avance is the most convenient and innovative family practice in the Triangle.

- ✓ Primary medical care for all ages—pediatrics, teens, and adults.
- ✓ Open 7 days a week; same-day appointments usually available if requested before noon.
- ✓ Evening, Saturday, and Sunday appointments.
- ✓ Preventive and follow-up care reminders.
- ✓ Most major insurance plans accepted, including Medicare.
- ✓ No insurance, no problem. We provide a prompt-pay discount to self-pay patients.
- ✓ We accept cash, checks, and most credit cards.
- ✓ Onsite laboratory services.

Please visit AvanceCare.com for a complete list of insurance plans we accept.

What We Treat

We are your family's medical home. Our comprehensive health care covers unexpected illnesses and routine checkups, to keep all members of your family feeling their best.

- ✓ Acute or Common Illness—cough, cold, common infections, headache, fever, allergies, flu, diarrhea, vomiting, skin conditions, etc.
- ✓ Yearly Physicals—well child exams, wellness screenings, blood pressure, cholesterol, gynecological examinations/Pap smears, and diet and exercise counseling.
- ✓ Minor Injuries—neck and back pain, muscle strains, ankle sprains, etc.
- ✓ Disease Management—asthma, diabetes, blood pressure, high cholesterol, hypertension, etc.
- ✓ Vaccinations, travel immunizations, and more.
- ✓ Common Procedures—skin biopsies, wart treatment, minor cuts/lacerations, joint injection, etc.

Most insurances accepted.
Prompt-pay discount available to self-pay patients.



Frequently Asked Questions

How does an insured patient save money at Avance Care?

- With our evening, Saturday, and Sunday hours, you no longer need to take time off from work for routine follow-ups or preventive care visits.
- For sick visits, we provide Urgent Care convenience without the higher cost or co-pay.
- At no charge, we dispense 25 commonly prescribed generic medications for initial therapy, when available.

What will be the cost of my visit?

- If you have insurance, the cost is your co-pay, coinsurance, or deductible.

If you are a Self-Pay patient:

- Office visits start at \$110. The cost often falls in the range of \$110 to \$150, depending upon problem severity and diagnostic tests ordered.
- For disease management consultations (such as hypertension, diabetes, high cholesterol, etc.), the visit cost starts at \$110, and often falls in the range of \$110 to \$135, depending upon problem severity and the complexity of the medical condition(s).
- We encourage you to consider the cost-effective Avance Care Medical Discount Card.

Get answers to more FAQs at AvanceCare.com.

EVENING, SATURDAY, SUNDAY, & SAME-DAY APPOINTMENTS

MON–FRI: 7:30 AM to 7:00 PM
SAT & SUN: 9:00 AM to 3:00 PM

Prompt-pay discount available to self-pay patients.

INSURANCES ACCEPTED:

Aetna, BlueCross BlueShield, Cigna, Coventry, First Health, Great West Healthcare, Medicare, UnitedHealthcare, and WellPath

 **Avance Care**[®]
*Primary Care for Busy Lifestyles*SM



Pediatrics, Teens, and Adults

Serving Families of Apex, Cary, Durham, Garner, Holly Springs, Morrisville, & Raleigh, NC

AvanceCare.com

Innovative Online Services

Because health concerns can arise any time, we offer free online access to our Patient Portal at AvanceCare.com for our patients.

Even when we are not open, the Patient Portal allows you to:

- ✓ Review test results.
- ✓ Review statements.
- ✓ Request appointments.
- ✓ Request prescription refills.
- ✓ Receive preventive care reminders.
- ✓ Send/receive secure e-mail messages to/from our office.
- ✓ Manage your demographics and health history.

Please call us or visit AvanceCare.com to register and obtain access to the Patient Portal.

Open Access Appointment Scheduling

Open Access allows us to schedule most appointments within 24 hours. You will no longer have to wait weeks for an appointment.

Avance Care Medical Discount Card

- Available for uninsured/self-pay patients only.
- Available for patients age 5 and up.
- For an annual fee of \$50, you receive a 25% additional discount on top of our prompt-pay discounted fees for all medical services (excludes vaccinations) received at Avance Care.

For more information, please visit AvanceCare.com.



Self-Pay Patients—Why Select Us?

We accept most major insurance plans. But, if you are an uninsured/self-pay patient, our professional services remain affordable and convenient.

- ✓ **Cost-effective medical care with cost transparency.**
 - Prompt-pay discount is provided when payment is made in full at the time of your visit.
 - Our health care providers will work with you to make your visit as cost-effective as possible.
 - We publish fees of our services so you can make informed decisions.
- ✓ **Preventive medical care is now affordable!**
 - Well Child Exam (age 17 and below)—\$82 / \$110
 - Adult Annual Physical—\$100 / \$135
 - Adult Wellness Screening Package—\$132 / \$177
- ✓ **Lower cost should not mean lower quality of care!**
 - All our services include an onsite medical provider consultation for personalized care.
 - We have negotiated discounted lab charges with an outside lab. We pass this savings on to you.
 - At no charge, we dispense 25 commonly prescribed generic medications for initial therapy when prescribed during your visit with us.

We take complexity out. We make it easy and affordable for you to obtain quality medical care.

Who Is a Self-Pay Patient?

Self-pay patients are uninsured or have an insurance plan we are not in-network with. They pay in full for our services at the time of the visit; we are not required to file a claim or submit any documentation to a third party. Self-pay pricing is *not* offered to patients covered by insurance plans we are in-network with. We are required to file a claim when a patient presents health insurance we are in-network with, including high-deductible plans.

About Our Self-Pay Fee Schedule

All fees listed include a prompt-pay discount. Where applicable, fees are provided both with and without the use of an Avance Care Medical Discount Card. A surcharge of \$15 may be applied to evening and weekend appointments. For more detailed information on fees for other services such as vaccinations, screening tests for STDs, sports physicals, and other types of physicals, please visit AvanceCare.com.

Professional Fees

Plus Lab Test Charges, if Applicable.

For common illnesses, allergies, minor injuries, and disease management visits.

- Nurse-Only Visit (Lab Tests, Vaccination)—\$19 / \$25
- Simple Visit (Up to 2 Conditions*)—\$82 / \$110
- Intermediate Visit (3–4 Conditions*)—\$100 / \$135
- Detailed Visit (5 Conditions* or More)—\$112 / \$150

*Number of medical condition(s) addressed by healthcare provider during the visit.

Annual Physical

Plus Lab, Vaccination Charges, if Applicable.

- Up to 17 Years of Age (Well Child Exam)—\$82 / \$110
- 18 Years and Above—\$100 / \$135

Adult Wellness Screening Package \$132 / \$177

Includes Annual Physical and Three Essential Lab Panels

Preventive Screening Tests Plus Professional Fees.

- Blood Glucose —\$6 / \$8
- Lipid Panel (Cholesterol Screening) —\$15 / \$20
- CMP (Comprehensive Metabolic Panel) —\$9 / \$12
- Liver Panel—\$9 / \$12
- CBC (Complete Blood Count) —\$8 / \$10
- Prostate Cancer Screening (PSA) —\$19 / \$25
- Pap Smear —\$40 / \$50*
- Pap Smear with HPV—\$60 / \$80*
- Hemoglobin A1C—\$9 / \$12
- Thyroid Panel and TSH—\$15 / \$20
- HIV-1 Test—\$11 / \$15
- Iron and TIBC—\$15 / \$20

*If abnormal, a charge of \$25 for an additional pathologist consult is billed after the visit.

Lab Tests Plus Professional Fees.

- Flu Test—\$40 / \$50
- Mono Spot— \$8 / \$10
- PPD (TB Skin) \$19 / \$25
- Strep Test—\$15 / \$20
- Urinalysis—\$8 / \$10
- Pregnancy Test (In-house, Urine) \$8 / \$10

Common Procedures

Charges for common procedures such as stitches and ear wax removal vary based on type and complexity.

Flu Shot—\$29

Fee schedule is subject to change without prior notice.